

Working from the carer's perspective within a local authority

Martina Takter, fil.lic.

Malmö City, Sweden,

martina.takter@malmo.se

Malmö stad

– The City of Malmö

- 334.000 inhabitants
- Number of elderly increasing
- One third foreign born
- Growing population puts strain on services
- Focus on housing, jobs, education

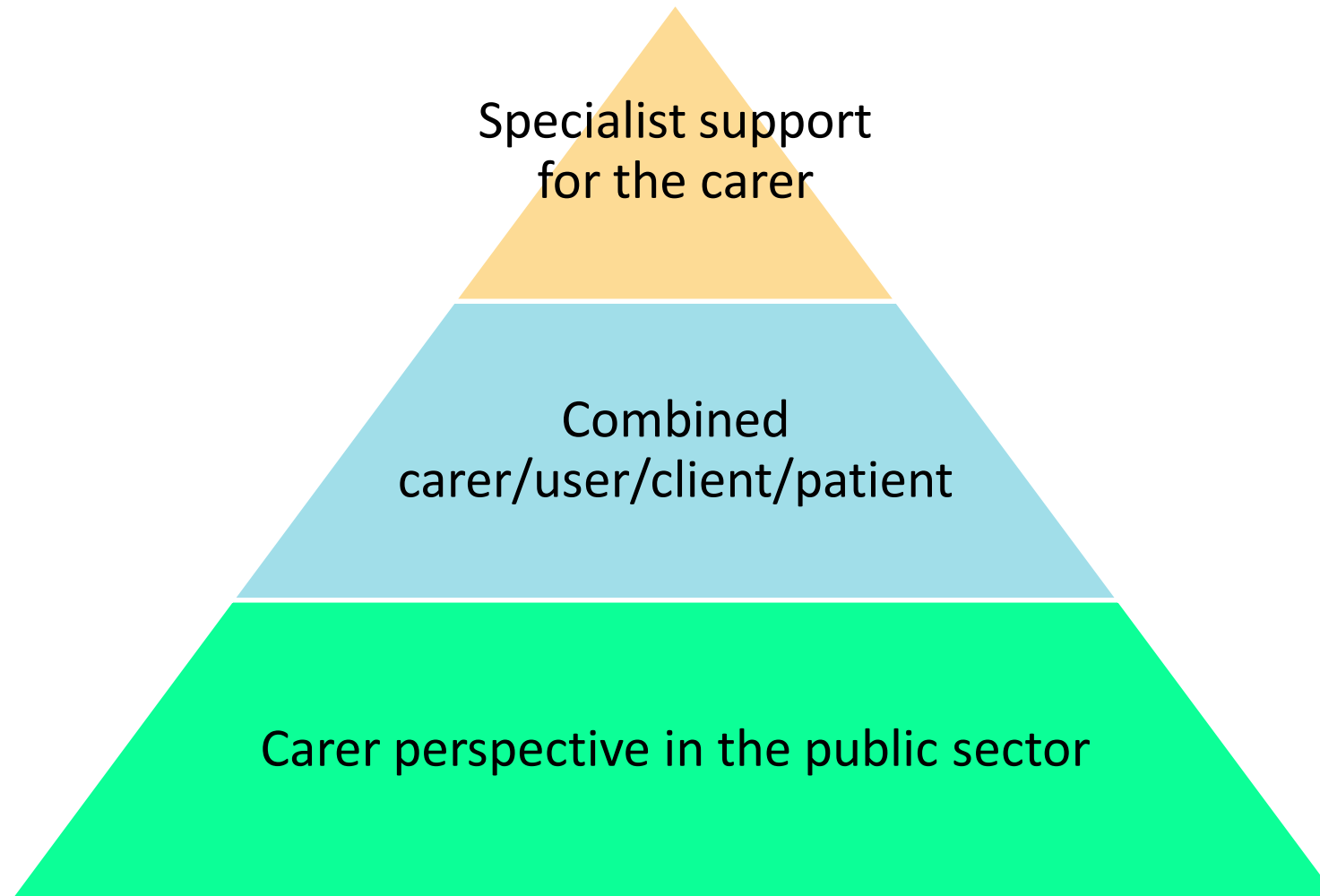


Conditions in a Swedish context

- Individual - welfare system (no one should have to be dependent on the goodwill or charity of their relatives)
- Work first principle - social security system
- Childcare and care for the elderly
- There is no duty of care if someone else exercises parental responsibility for children under 18 years of age.
- Reforms - residents remain in their own home
- Healthcare-Daycare, Outpatient Surgery, Advanced Home Care, Directed Efforts

Why?

- We know that the carer needs support, but the question is why?



Who are Carer Advisers?

- In Sweden: 350 - 450 people
- 95 % women
- 66% over 50 years of age
- 36 % work full-time as Carer Advisers
- 45 % work alone in their municipality
- Education:
 - Social work approximately 40 %
 - Approximately 50 % university education

Which target group do they meet?

Carers for:

- the elderly
- long-term/chronically ill
- people with physical disabilities
- people suffering mental illness
- people with dependency problems
- young carers

What does a Carer Adviser do?

- Information
- Counselling/individual advice 96%
- Group activities 83 %
- Home visits 81 %
- Supervise other areas within the organisation.
- Cafés and meetings, healthy activities for carers.
- Co-operation and co-ordination with other operators (for example healthcare, club activities)

Systematic "thought"



References

- **Swedish Family Care Competence Centre:** <http://www.anhoriga.se/information-in-english/>
 - Carer Advisor's work and role, M Winqvist (2014:1)
 - Young caregivers in Sweden, M Nordenfors m fl., (2014:5)
 - Support for the carers – experience from eight municipalities 2010-2012, M Winqvist m. fl. (2012:4)
 - "It's also about time and money" Caregiver care, provisions, laws. A-B Sand, (2014:2)
- As you ask you get answers – about support for caregivers. M. Takter (2013)
http://malmo.se/download/18.476cfe0814d2ef3bd183f5bd/1432707614636/Sommanfragar_Anhorig.pdf
- Who is going to pay for the unpaid caregiving – about socially sustainable. M Takter red, (2015)
<http://malmo.se/download/18.5f3af0e314e7254d70e6abe0/1443436997830/Antologi+Vem+ska+betala+omsorgsarbetet+Web+2015-08-13.pdf>
- Who is the individual in a shared home? M. Takter (2017) <http://muep.mau.se/handle/2043/22933>